November Special Events 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 12:00pm Yoga Farm Massages *Sign-up Required 10am-11am Color Corner Relax, Unwind, & Color with Friends!	3 8:30am Blood Pressure Checks w/ Freda	4	5 9:00am - 11:00am Golden Hours Game Day 12:30 Seniors & Community Council Meeting! Seniors & Community are Welcome!	6 10:00am Therapuetic Art w/ Nash w/ Youth Colition Kids! Carter County DRUG PREVENTION	7
8	9 10:00am - 11:00am BINGO-CISE Exercise while you play Bingo! UTEXTENSION INSTITUTE OF AGRICULTURE	10 8:00am - 10:00am Veterans Breakfast All Veterans Eat Free Friends & Family $5 entry. Thank you to all veterans for your service!	11 Center Closed In observance Veterans Day	12 9:00am - 11:00am Golden Hours Game Day 12:15 - 1:15 RESTORATIVE YOGA 1:00pm - 2:00pm Vet-2-Vet Cafe Welcome to All Veterans Sponsored by: Caris Healthcare	13 10:00am Let's Play Bingo Sponsored by: THE BLAKE AT KINGSPORT	14
15	16 10am Fall Craft Sponsored by: home instead	17	18 12:00pm Yoga Farm Massages 10am-11am Coffee & Connections Coffee & Pastries for Participants 11am - 12pm Lunch & Learn Sign-up for a free lunch & learn about the Greens Facility. Sign-up to secure spot.	19 9:00am - 11:00am Golden Hours Game Day	20 10:00am Birthday Bingo Sponsored by: Visiting Angels LIVING ASSISTANCE SERVICES	21
22	23 10am-11am Color Corner Relax, Unwind, & Color with Friends!	24 10am-11am Christmas Ornament Craft Sponsored by: Seniors Helping Seniors ...A WAY TO GIVE AND TO RECEIVE	25 10am - 11am Pie Bar & Social Join us for a slice of pie and a visit with friends! We'll also have free printed receipes for you to take home!	26 Center Closed In observance of Thanksgiving Happy THANKSGIVING	27 Center Closed In observance of Thanksgiving *In all things, give thanks*	28
29	30 10:00am - 11:00am BINGO-CISE Exercise while you play Bingo! UTEXTENSION INSTITUTE OF AGRICULTURE					

November Giving at Yoga Farm

Throughout November, Yoga Farm is collecting monetary and supply donations for the Senior Center.

Our wish list and Amazon list will be posted around the center, on our Facebook page, and on our website.

Thank you, Yoga Farm, for your kindness and support!

Elizabethton Senior Center
428 East G. St.
Elizabethton, TN 37643

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OR CURRENT RESIDENT

ANNUAL VETERANS DAY BREAKFAST

Honoring All Who Served

TUESDAY, NOVEMBER 10, 2026

TIME: 8:00AM - 10:00AM

ELIZABETHTON SENIOR CENTER

428 E G. St. Elizabethton, TN

JOIN US FOR BREAKFAST AS WE CELEBRATE OUR VETERANS
ALL VETERANS EAT FREE | FRIENDS, FAMILY COMMUNITY $5

MENU: BISCUITS, GRAVY, SAUSAGE, JUICE, & COFFEE

INFORMATION FOR HONOR FLIGHT WILL BE AVAILABLE, GIFTS FROM THE ELK LODGE, AND INFORMATION AND DRUG LOCK BOXES FROM CARTER COUNTY DRUG PREVENTION.



Thank You to Our Donors & Volunteers

Silent Auction & Soup Beans Fundraiser

Your generosity, time, and support made our fundraiser a success!

Jerry White
Judy Doaly
Dean & Sharon Dykes
Larry Woodby
Roan Mountain Soap and Candles
Joyce Estep
Barbara Cable
Marybeth Billings
Maureen Blair
Teal and Company Boutique
August Muse
Dino's Restaurant
Hellbender Outfitters
Larry Hollandsworth
Art by Christine
Yoga Farm
Lisa Palmeri
Doe River Roasters
Wicked Whit
Leanne Manning
Deni Smith
Bower's Florist
Sue Ivines
Mary Palmer
Pepsi
Mike Dodd

Special thanks to Mike Dodd for donating his time and talent.

With gratitude to everyone who donated, volunteered, bid, and joined us!

Elizabethton Senior Center

A Special Thanks

TO OUR 2026 SPONSORS

Northeast Community Credit Union

Elizabethton Federal Savings Bank