ANNUAL VETERANS DAY BREAKFAST

Honoring All Who Served

TUESDAY, NOVEMBER 10, 2026

TIME: 8:00AM - 10:00AM

ELIZABETHTON SENIOR CENTER

428 E G. St. Elizabethton, TN

JOIN US FOR BREAKFAST AS WE CELEBRATE OUR VETERANS

ALL VETERANS EAT FREE | FRIENDS, FAMILY COMMUNITY $5

MENU: BISCUITS, GRAVY, SAUSAGE, JUICE, & COFFEE

INFORMATION FOR HONOR FLIGHT WILL BE AVAILABLE, GIFTS FROM THE ELK LODGE, AND INFORMATION AND DRUG LOCK BOXES FROM CARTER COUNTY DRUG PREVENTION.



YOGA FARM
WELLNESS PLACE
PLANTING SEEDS OF WELLNESS

Community
Compassion
Connection

All Are Welcome!
Every Body Belongs Here!

November SUPPLY DRIVE

Supporting the Elizabethton Senior Center



Small Donations Make a Big Difference!

Yoga Farm is collecting needed supplies and monetary donations throughout November to support the incredible seniors in our community. Your generosity helps provide programs, activities, and essential items for the Elizabethton Senior Center.

ITEMS NEEDED

Kitchen & Serving Supplies

- Liquid dish soap
- Liquid laundry detergent (Gain)
- Kitchen towels and dishcloths
- Paper napkins / dinner napkins
- Disposable paper plates (about 9-inch)
- Plastic forks, spoons and knives
- 16 oz. paper soup containers with lids
- 9-inch, 3-compartment takeout containers
- Gallon-size and sandwich-size storage bags
- Paper popcorn bags

Snacks & Drinks

- Small bottles of regular Dr. Enuf
- Small bottles of sugar-free Dr. Enuf
- Shelf-stable liquid coffee creamer singles
- Splenda sweetener packets
- Individually wrapped sandwich crackers
- Individually packaged muffins
- Single-serving bags of potato chips
- Hot cocoa packets
- Werther's Original hard candies
- Popcorn butter-flavored topping oil
- All-in-one popcorn packets (kernels, salt & oil)

Office & Organization

- White copy paper (8.5 x 11)
- Black gel pens and sticky notes
- Writing pads (5 x 8 and letter-size)
- Correction tape
- Clear tape refills (3/4-inch)
- Heavy-duty double-sided mounting tape
- Standard staples and assorted paper clips
- Letter-size manila file folders
- File storage boxes with lids
- Business card binder sleeves
- Clear organizer bins / 13-quart bins with lids
- Forever postage stamps
- Cards (birthday, get-well, sympathy)
- 3-part carbonless receipt book
- Brother TN730 black toner cartridges
- Brother DR730 drum unit (separate from toner)

Arts, Crafts & Activities

- Washable markers & acrylic paints
- Paintbrushes and smooth painting rocks
- Clear acrylic spray sealer & Mod Podge
- Paint-your-own ceramic owl pots
- Wooden birdhouse and felt succulent kits
- Spring picture-frame and flower kits
- Sticker-by-number books (nature, stained glass, Bible)
- Sudoku and word-search books
- UNO cards and standard playing cards

Cleaning & Personal Care

- Liquid hand soap
- Facial tissues (regular or lotion)
- Paper towels
- Glass cleaner (Windex)
- Disinfectant spray (Lysol)
- Disinfecting wipes (Clorox)
- Extendable microfiber duster set
- First aid kit
- Non-slip grip socks

Volunteer Appreciation & Events

- Volunteer thank-you gift bags
- Thank-you paper plates and napkins
- Appreciation pens and water bottles
- Double-roll raffle tickets
- Red cable-knit Christmas tree skirt (36-inch)

Pool Table Supplies

- Pool cue chalk, pool cue sticks
- Replacement cue tips
- Triangle / diamond pool ball racks

Displays & Decorating

- Low-odor dry-erase markers
- Cork tiles / self-adhesive corkboard panels
- Bulletin board paper (yellow, green, magenta, orange)
- Seasonal bulletin board cutouts

Equipment & Larger Wishes

- Magnetic monthly calendar whiteboard (24 x 18 inches)
- Electric pencil sharpener
- Handheld label maker (Brother P-Touch)
- Laptop (Lenovo 15.6-inch on wish list)
- 1080p projector with screen
- HDMI cords (6 foot and 25 foot)

Visit the complete wish list on Amazon for even more needed items!

SHOP OUR AMAZON WISHLIST

https://www.amazon.com/hz/wishlist/ls/36ECU2I45V2FR/ref=hz_ls_biz_ex

Friendsgiving Celebration

Friday, November 20, 2026
5:00-8:00 PM

Elizabethton Senior Center

CCDP youth coalition, board members, staff and their families as well as Elizabethton Senior Center clients are warmly invited!

Enjoy a shared meal, recipe exchange, intergenerational connection, and a fun interactive holiday safety activity.

RSVP by scanning the QR code or through this link
https://forms.gle/uLij1uaDNCTLi9PHA



THE ELIZABETHTON
SENIOR CENTER PRESENTS

Christmas Karaoke FUNDRAISER

Live Music Featuring
Michael Hawkins

$10
TICKET

Buffet Breakfast
Door Prizes

Festive Face Painting - Magic Mirror Skin Art

DECEMBER 11, 2026 | 8:00AM - 11:00AM

ELIZABETHTON SENIOR CENTER
428 E G. ST. ELIZABETHTON, TN
(423)543-4362

Tickets available now or pay at the door! Can't attend? Sponsor a senior's ticket and share some Christmas cheer. Your support helps us continue serving local seniors following the loss of Carter County funding.

All Veterans Invited!

Vet-2-Vet Café

Gather-Share-Support

At Elizabethton Senior Center

428EGStreet,ElizabethtonTN37643

Call for more information 423-543-4362



2nd Thursdayofevery month

1-2p.m.

Join us for Krispy Kreme doughnuts and coffee

A partnership between:

Elizabethton Senior Center & CARIS healthcare

Hospice: Your Life, Our Mission

We Honor Veterans

Meals On Wheels of Northeast TN

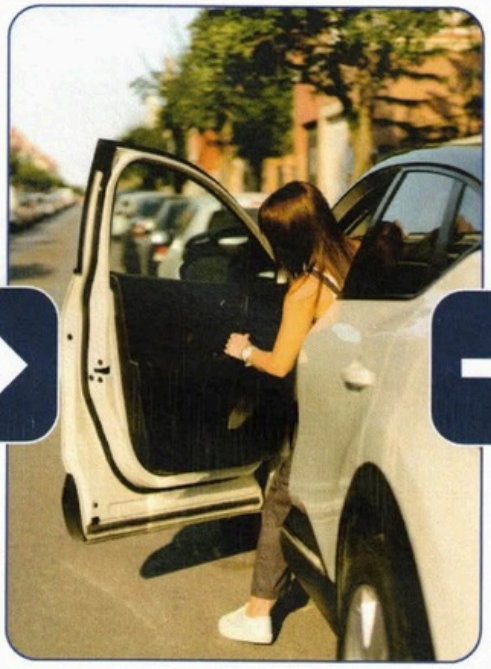
Volunteering:

Easy as 1,2,3

How It Works:



We prepare the meals.



You pick up the meals and your route sheet using your own vehicle.



You deliver meals directly to clients' homes.

Fill out an application.

Complete a volunteer application on our website to get started.

Consent to a background check.

To help ensure the safety of our clients.

Start making an impact.

Once approved, you'll be ready to begin delivering meals and making a difference.

423-975-5006
www.FTHRA.org/volunteer

CONTACT